PLAY BECOMING THE MAN GOD CREATED YOU TO BE

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Session 2-Seven Virtues of Manhood

Discussion Questions:

1. When you hear the phrase "tough guy," who comes to mind? Why?

He give us instructions of how we are to follow him.

Luke 9:23 NIV

"Then he said to them all: "Whoever wants to be MY disciple must deny themselves and take up their cross DAILY and follow me."

Paul gave men instructions in how apply tough love...

Ephesians 5:25 NIV

"Husbands, **love your wives**, just as **Christ loved the church** and gave himself up for her..."

- 2. Share an experience when someone loved you when you least expected it or deserved it. How has their tough love impacted your life?
- 3. Is there an experience when you lost our cool?
- 4. How about a moment when you kept your cool?



NOTES

These virtues cannot be imported into our lives by human effort. They require God's help. Therefore, ask in writing.

Read, pray and meditate on Malachi 4:6.

"He will turn the hearts of the parents to their children, and the hearts of the children to their parents; or else I will come and strike the land with total destruction."

Dwight Eisenhower had a defining moment in his life

Proverbs 16:32

"It is better to be patient than powerful. It is better to win control over yourself than over whole cities."

- 4. Who has had more influence in your life...your father or your mother? Why?
- 5. Do you have a personal definition of success?

If so, share it with the group.

If not, define success before the next session.

 Mark shares a few mantras with family repeats often in relation to the four values he wants to define his family... humility, gratitude, generosity, and courage.

What values would you name as being most important to you?

7. The Seven Virtues of Manhood

Tough Love – unconditional (1Corinthians 13:7)

Child-like Wonder – looking if through a child's eyes (Matthew 18:3)

Will Power –discernment (Romans 12:2)

Raw Passion – treasure (Matthew 6:21)

True Grit – stand firm (Galatians 5:1)

Clear Vision – mapping out the journey (Jeremiah 29:11)

Moral Courage – facing the tests (Joshua 1:9)

What virtue is your strongest?

What virtue is your weakest?

8. What is your plan for your life?

So many men plan almost every aspect of our day. We have a business plan when setting up a business. We plan out our vision for our ministry.

However, what about our life? Our wife? Our kids?

Do you have a mission statement for your life?

Do you have a vision plan for your marriage?

Do you have core values for your family?

What is your plan?

Things to do:

Looking at the seven virtues that Mark presented, which one do you need to focus on?

Write it down.

Then write out a prayer asking for God's help to see it through.